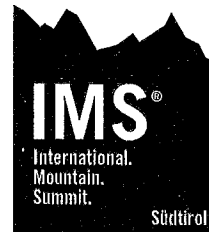


Kiku. International. Mountain. Summit.



Willenskraft / Forza di Volontà / Willpower

16 – 21 October 2014

Brixen / Bressanone
Dolomites (I)

www.ims.bz



Stiftung Südtiroler Sparkasse
Fondazione Cassa di Risparmio



Save the date

Saturday, 18th October 2014

Brixen / Bressanone (I)

SÜDTIROL



IMS Congress

Clean and Honest Mountaineering: Reality or Illusion?

At the Kiku. International Mountain Summit, which takes place from October 16th – 21st, 2014 in Brixen/Bressanone (I), one day will be dedicated to doping at high altitude and in alpine sports. The controversial topic "A Clean and Honest Mountaineering: Reality or Illusion?", presented also at the International Society Mountain Medicine (ISMM) in Bolzano, will now involve

not only the scientific world, but also athletes and experts from other areas.

For the first time the audience will include any mountain friend, interested to discuss on this hot topic or concerned about drug abuse in alpine sports.

Save the date and come to the IMS Congress in Brixen/Bressanone (South Tyrol/Italy).

Speakers

Peter Baertsch (GER)
Marco Maggiorini (SUI)
Martin Burtscher (AUT)
Enrico Donegani (ITA)
Urs Hefti (SUI)
Michele Signorini (ITA)

Gianfranco Parati (ITA)
Ben Levine (USA)
Guido Giardini (ITA)
Waldemaro Flick (ITA)
Buddha Basnyat (NPL)
...many other guests

Coordinators

Luigi Fiorenzo Festi
Gislar Sulzenbacher

Organizers:



Partners:



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A clean and honest mountaineering: reality or illusion

Bressanone-Brixen, Kiku International Mountain Summit, 18 ottobre 2014.

Morning Session

Direttore: Luigi Festi

President: Hermann Brugger

9.00: Conference presentation and authority greetings

9.15: Lectio Magistralis
High altitude and oxygen deficiency: pathophysiological adaptations. P. Baertsch

9.45: Treatment and prevention of altitude sickness, M. Maggiorini

10.00: Drugs for the prevention of musculoskeletal pain, headache and AMS at high altitude: doping or justified precaution?, M. Burtcher

10.15:

10.30: What does it mean doping at high altitude? the opinion of the UIAA: E. Donegani

10.45:: Prevention and pharmacological prophylaxis of AMS in high-altitude expeditions, necessity and abuse: U. Hefti

11.00 – 11.15 COFFEE BREAK

11.15 The heart: prophylaxis and prevention of oxygen deficiency is always a benefit? G. F. Parati

11.30 The training methods for endurance sports in the mountain: what is the line between lawful and unlawful? B. Levine

11.45: The drugs at high altitude in endurance sports: the experience of Tor de Geants G. Giardini

12.00: medico-legal aspects related to the pharmacological improvement of performance in the mountain sport and mountaineering. W. Flick

12.15:: **Doping at very High Altitude: research or fear of performance at any cost?** B. Basnyat

12.45: The CONI and Antidoping Committee, M. Signorini

13.00 – 14.00 PAUSA PRANZO